

## Hockey: Coach in Australia

Duration: 15 - 23 weeks



### Overview

Pass your knowledge and enthusiasm onto junior hockey players in Australia. You'll earn cash and gain fantastic experience working with a team of mini Aussies. You'll live and work alongside other participants, so look forward to making loads of new friends and influencing the next generations of Australian hockey stars.

### Recommended for:

- Earning money through paid coaching
- Developing your coaching skills
- A first hand taste of Aussie lifestyle
- Time to explore Australia

### At a glance:

- Around 10 hours per week of coaching
- Rewarding experience helping youngsters
- Share an apartment with other participants
- Sport Lived mentor support on hand 24/7

### Sporting adventures

Our hockey coaching placements last for 15-23 weeks during the Australian hockey season. You'll coach hockey to youngsters, and can expect around 10-15 hours of paid coaching work per week. You'll share 4-star accommodation in some of Australia's most vibrant cities. Living with other Sport Lived participants gives you a whole new group of friends whilst overseas.

### Prices and dates...

Location	Duration	From	To	Price
Sydney	23 weeks	14/03/2011	21/08/2011	£ 7295

Melbourne	15 weeks	18/04/2011	31/07/2011	£ 5295
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## FAQs

### 1. What type of visa do I need and what are the restrictions?

UK citizens aged 18-30 are normally eligible for an Australian Working Holiday Visa. This Visa enables holders to live and work in Australia for upto to 12 months. It costs around £150 and can take upto 4 weeks to process so we recommend getting the paperwork sorted well in advance of your departure.

For more information see the [Travel & Visa](#) section in the Need to Know area of our site.

### 2. What's included in the price of my programme and how much spending money will I require?

The cost of the Sport Lived experience programme includes the following:

- 4-star accommodation including most household bills (telephone and internet charges are **NOT covered**)
- organisation of your coaching programme
- airport pick-up at the start of your programme
- mentor support throughout your stay
- a handbook with useful information

The programme cost does **NOT** include the following:

- flights, insurance, visas, return airport transfer, local transport or food

Your main costs whilst overseas will be transport, match/competition fees plus food and beer money. A [cost of living guide](#) for each Sport Lived destination is provided in the Need to Know section. This should help you plan and budget for your time away.

### 3. Do I need to be an experienced coach?

No! To guarantee your coaching placement, you should obtain relevant coaching qualifications prior to departure. This will give you the necessary skills to plan and organise coaching sessions. In addition, gaining practical coaching experience will provide excellent preparation for your programme.

### 4. How much will I earn from my coaching work?

Rates of pay for coaching compare very favourably to other forms of casual work in Australia. We can't guarantee your rates in advance, but you can expect to earn \$15-25 per hour. Based on around 10 hours per week this equates to a weekly wage of \$150-\$250.

### 5. When will I find out full details of my programme e.g. who I will be

## **coaching and where I will live?**

Once you have submitted a booking form, we'll start working behind the scenes to put everything in place for the perfect programme. 3-4 weeks later you'll receive a confirmation document outlining your programme and providing key dates.

Final payment is due 12 weeks prior to departure, and once received we can finalise your programme. We will send details of your new address and flatmates in Oz, and information on the school at which you will be coaching.

The pre-departure briefing takes place around 8 weeks prior to departure, and provides a chance for you and your parents to meet up with the Sport Lived team and fellow participants, as well as asking any remaining questions.

Upon arrival in Australia, you'll meet the Director of Sport at your school. He or she will then assign you to a junior team and let you know the days and times of your coaching work.

## **5. How can I find out more general information?**

Hopefully, most key pieces of information are available on the website where you can download programme notes, prices and dates. Our [Need to Know](#) section also contains lots of useful information. If you have other questions or just want to have a chat, we're always available either on the phone or via email.

We know that planning a trip overseas can be scary at times and there's loads to think about. So don't hesitate to get in touch if you need to discuss anything at all.

## **Your pad**

Accommodation is key to the Sport Lived experience. You'll live in 4-star centrally located apartments. Your hockey coaching placement will be easily accessible by public transport, and with lots of bars, clubs, restaurants and shops located close by there are plenty of places to enjoy your spare time!

## **At a glance:**

- 4-star fully furnished apartments
- Located close to transport and nightlife
- Shared with other Sport Lived participants
- Stress free - price includes most bills

## **Home from home...**

Apartments are shared with other Sport Lived participants and include many mod-cons. Each complex has a 24 hour reception and many have an in house swimming pool and gym. Apartments are fully furnished including a TV, linen, kitchen appliances, washing machines, etc. They are also serviced weekly so you won't need to spend too much time cleaning!

NB: Illustrative accommodation pictures.

## **Additional work**

You'll have plenty of time outside your coaching schedule should you wish to find additional work. As well as further boosting your CV and bank balance, finding another job will help you meet more people and provide more structure to your time away.

### **Top tips for getting work:**

- Plan the type of work you'd like to obtain
- Try to gain relevant work experience
- Prepare a CV and have two references
- Be proactive & persistent in job hunting

### **Employment options:**

- Café/bar work: sociable environment
- Office work: good rates of pay
- Officiating: umpiring/refereeing work
- Work experience: boost your CV

## **Working in Australia**

You will be living close to lots of employment options like offices, shops, bars and restaurants. Your Sport Lived mentor, and contacts made through your coaching placement, will be able to help you find extra work.

## **Coaching hockey in Australia**

So, you're passionate about hockey and want to share this with youngsters in an exciting overseas environment! With a Sport Lived coaching placement, you can develop your own coaching skills whilst passing on your knowledge and enthusiasm to the next generation.

### **Overview**

Our Australian hockey coaching placements last from 15-23 weeks (depending on your choice of city). You'll be working with a local Aussie school or club hockey team. On average, coaches can expect up to 10-15 hours of paid work per week and, if desired, it's often possible to supplement this with umpiring work.

### **Challenging**

Coaches generally work with a hockey team for an entire school term, helping to develop skills and working on match tactics. The structure of our programme allows you to build a bond with

your team, and working on their development over a sustained period is highly rewarding. A Sport Lived coaching placement is also a fantastic addition to any CV, you'll develop organisational leadership and communication skills. Having taken responsibility for a team of mini Aussies, you'll probably feel ready for anything!

## **Qualifications**

In order to guarantee your Sport Lived hockey coaching programme, you'll need to obtain coaching qualifications prior to departure. You'll need England Hockey Level 1 Coaching Qualification or higher. We also recommend that you get as much practical experience as possible prior to your departure. In addition, you will require a basic First Aid Qualification (e.g. St John's Ambulance or Red Cross). If you're unable to obtain a hockey coaching, or First Aid qualification prior to your departure please let us know. Some schools are happy to employ coaches who just have playing and coaching experience. We can also help you to enrol onto a coaching and First Aid course when you arrive in Australia. Further details of how and where to obtain hockey coaching qualifications can be found at the [England hockey website](#).

## **Social life**

You'll be living with other Sport Lived participants who are playing and coaching a wide variety of sports. This provides a ready made group of friends with whom you'll explore life in your chosen Aussie city.

Your programme will begin with introductory drinks during the first week, co-ordinated by your mentor who will also organise monthly social events. These might include a day out at a seasonal sporting event, a traditional Aussie barbie, pub golf, etc.